

Benefits

Our region is reaping the benefits from this program as it helps to manage the growing demand for total hip and knee replacements and helps to reduce wait times for surgery in our area.

Our goal is to work with you so that you can stay active and manage your pain. If you think you need to be seen for a hip or knee problem talk to your doctor. Your doctor can refer you to our program.

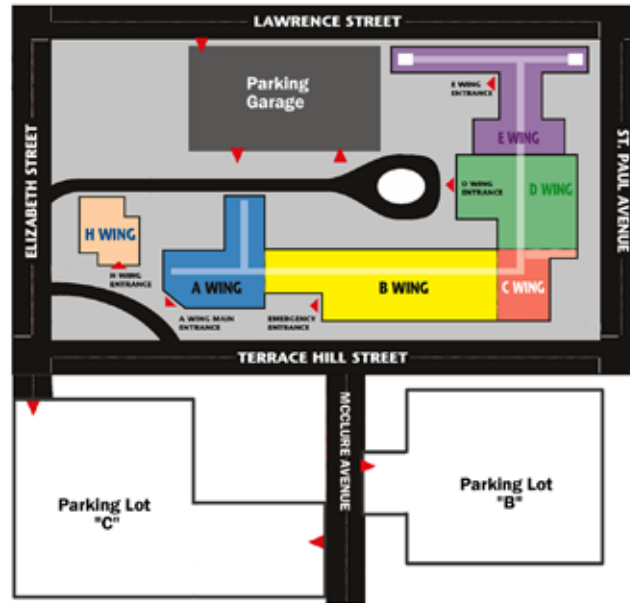
The services provided at the Centre are fully covered by OHIP



A nurse practitioner, Dr. Woolfrey and an advanced practise physiotherapist.

CONTACT INFO

Dr. Dill 519-751-5536
Dr. Woolfrey 519-751-5894
Fracture Clinic 519-751-5544, ext 2500
Fax # for Dr Dill 519-756-5576
Fax # for Dr Woolfrey 519-751-5895



Parking is available in Parking Lot C. The entrance is located off of McClure Avenue.

The Regional Joint Assessment Program is located in the Fracture Clinic. The Clinic is located in B Wing. \$6 is required to exit the parking lot. \$1 or \$2 coins are necessary for the parking gate.

Regional Joint Assessment Program



The Regional Joint Assessment Program helps people with knee and hip problems. One of the main reasons that people have hip or knee pain is from arthritis, or “wear and tear” of their joint.



About the Program

The Regional Joint Assessment Program helps adults of all ages who experience bone and joint problems such as pain and difficulty moving. It was developed to improve access to total joint replacement surgery as well as improving care for managing osteoarthritis

Osteoarthritis is the most common type of arthritis and usually happens in weight bearing joints such as hips and knees.

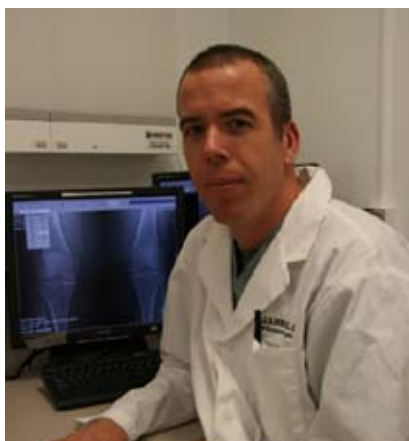
If your hip or knee pain is stopping you from doing the activities that you enjoy, we can assess you and develop a plan for improving the quality of your life.

Patients are physically assessed and receive education on weight management and joint maintenance. As well, referrals are provided for physiotherapy and aquatic programs.

Information on lifestyle changes is given and x-rays and lab work are arranged if needed. Some patients may require joint replacement surgery.



Dr. Woolfrey - Orthopaedic Surgeon



Dr. Dill - Orthopaedic Surgeon

Physician Referral

A referral from a physician is required for an appointment at the Centre. X-ray exams are important to bring to your first visit. Physicians may use their own referral forms or download a referral form from www.bchsys.org. under Ambulatory Care/Joint Assessment Program

During Your Visit

Once your family physician refers you to the program, you will be seen by:

- An Orthopaedic Surgeon experienced in the treatment of osteoarthritis
- Advanced Physiotherapist Practitioners
- Nurse Practitioner

At your appointment we will review your medical history and:

- Ask you some questions about your health
- Ask you to complete some tests to see how well you can move your hip or knee and see what causes your pain
- Discuss treatment options and come up with a plan to help you
- Surgery will be considered if needed

Plan to spend about 2 hours in the clinic. Please wear comfortable shoes and loose fitting comfortable clothes with no metal clips, zippers or snaps.